

**American Society of Botanical Artists**  
24th Annual Meeting and Conference  
St. Louis 2018

**Milkweed Pods in Watercolor**  
Betsy Rogers-Knox

Friday, October 12, 2018  
9:00 am – 4:00 pm (one-hour lunch break)  
Room: Pommard

*Capture the fine detail and interesting shapes of milkweed pods. They offer a variety of challenges in painting lumps, bumps, and craggy texture. Explore techniques for portraying their fluffy seeds and luminescent inner surface. Demos and a step-by-step approach will round out this exploration of one of nature's most important symbiotic plants.*



**Supply List**

Below is a list of materials that I would recommend for the class. If you have favorite materials at home that you're comfortable using please feel free to bring them along. I'll have extras of everything so no worries if you're not able to obtain all the items.

- Watercolor Tubes - I recommend Winsor Newton Artist Series or Daniel Smith. Below are a few basic colors but please bring all your regular paints and brushes.
  - Alizarin Crimson DS
  - Permanent Rose WN
  - Transparent Pyrrol Orange DS
  - Aureolin Yellow DS
  - Hansa Yellow DS
  - New Gamboge DS
  - Yellow Ochre DS
  - Cobalt Blue WN
  - Cerulean Blue DS
  - Ultramarine Blue DS
  - Indanthrone Blue - DS
  - Burnt Sienna WN
  - Mineral Violet Holbein
  - White Gouache
- Brushes - short handle pointed round watercolor brushes, sable or synthetic - Size 0,1,2,4,6  
I prefer Raphael short handle brushes - 8404 and 8408
- Palette - Plastic or ceramic 8-12 well
- HB Drawing Pencil and sharpener

- Tracing paper - I recommend Canson 11x14
- Saral transfer paper
- Kneaded eraser
- Tuffstick eraser
- Masking Fluid - Pebeo drawing gum
- Speedball standard Pen Holder with #513 EF globe nib
- Paper - 2-3 sheets 11x14 Hot Press Watercolor Paper - 140# or 300# - I would recommend Fabriano or Arches
- Water Container - glass jar is preferable
- Paper towels
- Small ruler
- Divider
- Battery operated light

### **Instructor's Bio**

*Betsy earned a Certificate in Botanical Illustration from The NYBG and is enchanted by the full lifecycle of plants. Her work has been shown widely in the US including the 13th-20th ASBA International Exhibitions, Out of the Woods Exhibition and the RHS Exhibit in London in 2016.*